



Retirees Association

NEWSLETTER

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BOARD OF DIRECTORS:

Guy Tumolo, *President*
Marge Lubawy, *Vice-President*
JoAnna McQuaide, *Secretary*

Cathy Thomas, *Treasurer*
Connie Przybyla, *Editor*
Donzella Johnson-Smith

Hugh Hachmeister
Pam Long
Joan McMahan

Message from

THE PRESIDENT

We've made it through another half year without having to cancel a luncheon meeting due to the pesky covid virus. So far, our programs have covered personal security measures, the beauty of one of our local nature preserves, and a significant point in our colonial naval history. When we resume in September, we will have county park rangers tell us what is happening in our county parks. That will be followed in October by an informative session on legal issues seniors should be aware of. November is officially our Annual Meeting with the results of our election, updates on Medicare and the status of our pension plan. December is party time.

But wait, we have some things planned for the summer months. Starting in June with our annual picnic. This year we will depart from the usual and have a pig roast. In July arrangements have been made for a guided tour of the Botanical Gardens talked about at our May lunch. We'll take to the water in August with a ninety-minute educational tour on the rivers. The summer will mellow out with a wine tasting and tour of a winery in early September. Details will be on our website and notices will be mailed

The board worked hard this year to put together a program a program that is informative and enjoyable. Join us when you can.

As to the business side of the association. Hugh Hachmeister has been appointed to fill the remainder of the term for the position previously held by long time board member, Angela Conte. He joins Donna Johnson-Smith, who was appointed to fulfill the position formerly held by Marge Lubawy who was elected Vice President in last year's election of officers. You can find out more about Hugh from his profile elsewhere in this edition of the newsletter. Donna was the subject of a previous profile.

Speaking of elections, this year's election will be for the five non-officer board positions. Ballots will be mailed in the fall with the results announced at the annual meeting in November. If you would like to run for a position, contact us by mail, voice mail, or email to express your interest.

So much for my hot air. I am going outside to enjoy Mother Nature.

UPCOMING LUNCHEON DATES

- No June Luncheon/Meeting
- June 15, 2022 - Annual Picnic - Pig Roast - North Park
- No July Luncheon/Meeting
- July 21, 2022 - Botanic Garden Docent Tour
- No August Luncheon/Meeting
- August 19, 2022 - Rivers of Steel Tour
- September 8, 2022 - Narcisi Winery Tour and Tasting
- September 21, 2022 - County Rangers - County Facilities
- October 19, 2022 - Elder Law & Estate Planning
- November 16, 2022 - Medicare & Retirement Updates
- December 14, 2022 - Annual Holiday Party

* Visit our website at <http://acretirees.org/> for more information

RAD PASSES

Have you heard about the RAD Pass? It is an online ticket lending system that allows Allegheny County library cardholders ages 18+ to access FREE or DISCOUNTED tickets to regional attractions. To make a reservation visit radpass.org and click on "Reserve a Pass." Enter your library card credentials, (remember you need a library card to participate) you can register online. Please note that passes are in high demand and supplies may be limited.

The companies participating in this program are as follows: Andy Warhol Museum; Carnegie Museum of Art; Carnegie Museum of Natural History; Carnegie Science Center; Kelly Strayhorn Theater; New Hazlett Theater; Pittsburgh Arts and Lectures; Pittsburgh Cultural Center' Pittsburgh Opera and the Pittsburgh Symphony Orchestra.

ENJOY EATING OUTDOORS SAFELY THIS SUMMER

by Joan McMahon



With June, and the arrival of picnic and barbecue season, there are many opportunities to enjoy outdoor dining with family and friends. But the warm weather also brings with it the risk for foodborne bacteria to thrive and to cause foodborne illness. It is very important to keep in mind food safety guidelines when transporting and handling picnic food, and when preparing it and serving it safely. Following are a few tips for keeping your food safe from the refrigerator at home to the picnic table.

- Food safety begins with clean hands. Wash hands thoroughly before beginning food preparation. At the picnic site, if you don't have running water, consider using a water jug, paper towels and soap, or moist disposable towelettes.
- Make sure that all dishes and utensils are clean.
- Keep cold food cold. Place cold food in a cooler with ice or frozen gel packs.
- Organize cooler contents. Consider packing beverages in a separate cooler so that perishable foods won't be exposed to warm temperatures as picnickers open the cooler to replenish their drinks.
- Don't cross-contaminate. Keep raw meat, poultry and seafood separate from foods that will be eaten raw, such as fruits and vegetables.
- Rinse fresh fruits and vegetables under running water and dry them with a paper towel or a clean cloth towel before packing them in the cooler.
- When serving, it is important to never allow your picnic food to remain in the "Danger Zone" for bacterial growth which is between 40 degrees F and 140 degrees F for more than 2 hours, or for 1 hour if the outside temperature is above 90 degrees F. An easy reminder is once you have served the cold perishable food, it shouldn't sit out for longer than 2 hours, or if the outside temperature is 90 degrees or above, for one hour. If it does, **discard** it. Also, for hot food, it should not sit out for more than 2 hours, or if the outside temperature is 90 degrees or above, for 1 hour. If it does, **throw it away**.
- To keep insects off your picnic foods, you may wish to consider purchasing some pop-up mesh food covers.

Summer is a time to enjoy outdoor eating with family and friends. Being aware of and utilizing food safety measures when planning a picnic or other outside food gathering, is critical to minimizing the possibility of foodborne illness ruining these happy events.

UPCOMING ELECTIONS FOR ACRA BOARD OF DIRECTOR'S

Elections for the ACRA Board of Directors is coming up this fall. If you are interested in running for one of the positions, please notify a board member or email ACRA at ACRetireeAssociation@gmail.com.



In the Spotlight **Hugh Hachmeister**

by Connie Przybyla

After 28 years working for the Allegheny County Airport Authority (formerly the Department of Aviation) as the Principal Architect and Manager of Architectural Services, Hugh retired in 2015.

Since his retirement, Hugh has worked with the Pittsburgh Penguins helping coordinate events at the UPMC Lemieux Sports Complex. He helped establish the Sidney Crosby's Little Penguins Learn to Play Hockey Program, 12 years ago, which is an introductory hockey program for children ages 5 to 9. This past March, Hugh helped host the USA Hockey Girls Tier

One National Championships. Forty-eight (48) teams from as far away as Alaska participated in the event held at the UPMC Lemieux Sports Complex.

Besides being an avid Pittsburgh Penguin fan, Hugh shares Pittsburgh Pirate tickets with a group of friends and tries to meet up with his college roommate, who is a Cleveland Brown's fan when they play the Pittsburgh Steelers in Cleveland.

Hugh loves rock and roll and to prove the point he has seen Bruce Springsteen approximately forty times in concert! He has also seen the

Rolling Stones at least ten times and even saw them in concert while he was in Spain.

Hugh and his wife, Sandy, have traveled extensively throughout the USA. They have also vacationed on a Mediterranean cruise, and a Scandinavian cruise. Currently they are planning an epic trip down the oldest and most famous highway, Rt. 66, sometime soon. Additionally, Hugh has visited Dubai, United Arab Emirates, and Beijing China.

The most important thing to Hugh is his family and he treasures memories from his youth. He has so many fond memories of his grandfather, who worked for the Allegheny County Court of Common Pleas. He remembers his grandfather taking him to the Courthouse Christmas party, and how much fun they had together. He can also recall going to the Allegheny County Fair in South Park and watching the annual Fireman's Parade, at the fairgrounds.

Hugh is an active member of ACRA and is currently working on the ACRA picnic this year which will be a pig roast. He has recently been appointed to fill a vacancy on the ACRA board.

He has been married to Sandy for 27 years and they have one son, Andrew.

It seems to us that Hugh is living a wonderfully full life. We wish him many more years of actively enjoying his retirement.



UPDATE ON PETE TOWNSEND

by *Connie Przybyla*

You may recall back in the March 2020 issue of the ACRA newsletter we highlighted ACRA member Pete Townsend. At the time he was undergoing treatment for a condition known as Neurofibromatosis (NF), a progressive genetic disorder that causes tumors to form on nerve tissue. Pete always says NF means “no fun.”

Pete has now had five electrocauterization surgeries performed by Dr. Hubert Weinberg of the Manhattan Surgical Center, and we are happy to announce that they have been a success. Dr. Weinberg removed tumors from Pete’s face and hands. At this time Pete is uncertain about returning to New



York for additional surgeries and may seek advice from a plastic surgeon in the Pittsburgh area.

Pete is extremely happy with the results of his surgeries. He says he feels more like a normal person now and people no longer stare at him. The surgeries and Dr. Weinberg have made a great deal of change to his life. Although Pete’s NF has brought him challenges, it hasn’t caused facial or bodily deformities, and his positiveness is a blessing.

Additionally, the A & E series titled “My Brave Face” which Pete is highlighted in episode five, aired in 2021 in England and on Netflix and IMDb. The documentary may return to Netflix in the future.

To set a reminder of when Pete’s episode will air again go the following site and add the episode to your Watchlist: https://www.imdb.com/title/tt14081622/?ref_=ttep_ep5

IN MEMORIAM*

Name	Date of Death	Name	Date of Death	Name	Date of Death
Arnone, Rosalie R	11/5/2021	Hogan, Frank B	3/13/2022	Pusateri, Vincent G	11/19/2021
Austin, Deborah S	1/12/2022	Janicki, Catherine J	1/8/2022	Reinstadtler, Virginia	1/7/2022
Baskot, Walter V	3/25/2022	Jefferson, Marie	4/8/2022	Rizzo, Mildred	12/14/2021
Bentley, Richard B	11/24/2021	Joswiak, Mary	1/19/2022	Roberts, William P	12/13/2021
Bergamasco, Judith L	3/11/2022	Klaus, Carl W	2/23/2022	Rosenberry, Marjorie B	11/1/2021
Brevak, John V	1/7/2022	Kumpf, Donald H	12/29/2021	Roth, Joseph Wayne	11/3/2021
Brockington, Randolph W	3/10/2022	Medica, Gregory P	11/23/2021	Santucci, John M	12/14/2021
Brough, Gerald	3/28/2022	Menges, Dorothy J	12/8/2021	Scholar, Jane M	3/11/2022
Campbell, Leo F.	11/8/2021	Milligan, Dorothy	12/1/2021	Scott, Donald	3/10/2022
Cancelliere, Frances J	11/13/2021	Moffatt, Charles W	11/7/2021	Speer, Ronald G	12/12/2021
Conlon, Patrick J	12/10/2021	Morris, Harriet	12/5/2021	Spellman, Raymond A	1/1/2022
Connor, Dolores	1/11/2022	Nash, Mildred	2/25/2022	Trice, Jean F	4/4/2022
Delbianco, Aldo	3/2/2022	O’Brien, Killian A	11/10/2021	Vazzana, Dolores	1/5/2022
Demel, Stephen	1/24/2022	O’Connor, Lorraine C	12/30/2021	Weaver, Suzanne E	2/5/2022
Donovan, John R	1/24/2022	O’Gurkis, Marjorie A	4/10/2022	Weigel, Richard T	11/15/2021
Flaherty, John M	1/12/2022	O’Shea, Thomas D	2/17/2022	Winek, Charles L	12/26/2021
Flynn, James E	1/2/2022	Oswald, Edward G	11/15/2021	Yerse, Shirley F	4/16/2022
Gieske, Margaret H	1/6/2022	Pavlecic, Rosemarie	1/1/2022	Young, Mary C	12/9/2021
Gillary, Robert	11/16/2021	Pietragallo, Christine M	3/8/2022	Zamanski, Edward J	12/3/2021
Hill, Dorothy	3/2/2022	Powers, Plato M	11/3/2021	Zamos, Daniel T	12/3/2021
		Pruchnitzky, Theresa	3/28/2022		

*As provided by the Allegheny County Retirement Board

IDENTITY THEFT



Officer Joseph Risher & Guy Tumolo

On Wednesday, March 16th Officer Joseph Risher from the Allegheny County Police Department gave an informative presentation on identity theft to a packed room.

If your identity is comprised call the fraud department of the company where the fraud occurred. Ask them to close or freeze the account. Change logins, passwords, and PINs for your accounts. To place a free fraud alert, contact one of the three credit bureaus. That company must tell the other two. Fraud alerts last one year.

- Experian.com/help or 888-EXPERIAN (888-397-3742)
- TransUnion.com/credit-help or 888-909-8872
- Equifax.com/personal/credit-report-services or 800-685-1111

U.S. BRIG NIAGARA



Edd Hale & Guy Tumolo

On April 20th Edd Hale gave a fascinating presentation on the U.S. Brig Niagara to another large ACRA luncheon crowd. Edd recounted his experience as a volunteer crew member on sailing each summer in the spartan conditions of the 1813 replica. The ship serves as both a floating museum and as an ambassador of goodwill from our state.

Many of you may remember Edd from his excellent presentation on the Great Castle Shannon Robbery from a few years ago.



RECIPES BY PAM

by Pam Long

COUNTRY FAIR ORANGE CAKE

FOR CAKE

1 (15.25 ounce) package of yellow cake mix. I used Duncan Hines.

1 (3.4 ounce) package lemon instant pudding

3/4 cup orange juice freshly squeezed

1/2 cup vegetable oil

4 large eggs

3 tablespoons orange zest

PREHEAT OVEN. to 350 and flour a 10-inch Bundt pan.

Stir the cake and pudding mixes in a large bowl. Add the orange juice, oil, eggs, and orange zest. Beat on low speed with a mixer to combine. Scrape down the sides. Beat on medium for 4 minutes. Pour the batter into the prepared pan. Bake for 38-40 minutes @350 or until a wooden pick inserted into the center comes out clean.

Cool in the pan for 15 minutes on a wire rack. Remove from pan to wire rack. Cool thoroughly for 1 hour. Transfer to a platter. Drizzle warm orange glaze over the cake.

ORANGE GLAZE

1/2 cup of sugar

1/3 cup freshly squeezed orange juice

1/4 cup of butter

2 teaspoons orange zest

Cook sugar, orange juice and butter in a sauce pan over medium heat until the butter has melted. Cool for 2 minutes and stir in the orange zest.

Drizzle warm orange glaze over cake.

FEBRUARY

Ambrosic, Susan
Andrascik, Robert
Battocchi, Joseph
Brown, William
Cancilla, Mark
Caponi, Alan
Cianca, Victor
Cody, Deborah
Cox, Laura
Cutler, Jeffrey
Duncan, Leah
Ferguson, Brian
Finnell, Margaret
Gandziarski, Michael
Govachinni, Dennis
Greco, Angelo
Hannan, Patricia
Hefflin, Hermita
Helderlein, Darlene
Hickman, Desire
Lang, Sandra
Law, Linda
Lighthart, Jane
Lutz, Karl
McElroy, Colleen
Miceli, Jennifer
Middleman, Lisa
Mullen, William
Myers, Craig
Nye, Paul
O'Donnell, Mary Ann

NEW RETIREES LIST

O'Keefe, Michael
Rafferty, Craig
Ruffolo, Michael
Scholle, Paul
Skillings, Gloria
Skwarla, Alan
Smith, Nancy
Spagnolo, Mary
Vergerio, David

MARCH

Adekoya, Catherine
Bradley, Michael
Dorman, Robert
Garvin, Greg
Jakubowski, Brian
Jones, Rise
Laquatra, Carl
Lorusso, Nicholas
Love, Jonathan

Mason, Donna
Meinert, Helen
Nichols, Leslie
Pasquerell, Carol
Phillips, Deboarh
Ricciardi, Lynn
Smialek, Elizabeth
Trapolsi, Bruce
Tyson, Stephanie
Whiteleather, Kenneth

APRIL

Benson, Teresa
Bergamasco, Leslie
Brannan, Theresa
Brown, Veronica
Byers, Richard
Craig, Darlene
Dason, Ambika
Faggioli, Carolyn

Fasone, Anthony
Feeney, Thomas
Ferguson, Lewis
Gardner, Philip
Greenblatt, Mark
Grzelka, Colleen
Hirsch, Jane
Holeva, Daniel
Jenkins, Jean
Karas, Carol
King, Susanne
Locke, Wayne
Loposky, Leanne
McCaw, Joanne
Meister, Dean
Michael, Debra
Miller, Charles
Natoli, Thomas
Palazzo, Judith
Pielin, Rozalind
Schachner, Joyce
Schueter, Karen
Scott, Joseph
Seebacher, Kim
Simmeth, Michael
Sines-Westerberg, Candis
Starr, Patricia
Thompson, David
Tyskiewicz, Gerard
Vasser-Pipkin, Erika
Warren, Jeffrey



Join us at the **ANNUAL ACRA PICNIC**



We're having a **Pig Roast** this year! (Alternative entrée - Teriyaki Chicken). There will be plenty of good food, games, and fellowship for all.

Cost: \$15 (Make checks payable to ACRA) Send money to ACRA, PO Box 15285, Pittsburgh, PA 15237

When: June 15, 2022, from 11 am to 3 pm

RSVP: Reservations are required to assure adequate space and food. Reservations and money must be received **NO** later than **June 10, 2022**.